

# Bible Studies for Life: November 24

*The God Who Rescues • Psalm 30:1-12*

*By Bobby McKay*



McKay

Ho  
pe  
fu  
ll  
y,  
as  
yo  
u  
re  
ad  
th  
is  
,  
th  
e  
te  
mp  
er  
at  
ur  
es  
wi  
ll  
be  
co  
ol  
,  
th  
e

le  
av  
es  
wi  
ll  
be  
on  
th  
e  
gr  
ou  
nd  
,  
an  
d  
th  
e  
mo  
rn  
in  
gs  
wi  
ll  
be  
br  
ig  
ht  
. Th  
is  
ti  
me  
of  
ye  
ar  
is  
my

fa  
vo  
ri  
te  
.  
Th  
e  
ho  
t  
da  
ys  
of  
su  
mm  
er  
ar  
e  
be  
hi  
nd  
us  
,  
an  
d  
fo  
r  
th  
e  
ne  
xt  
fe  
w  
we  
ek  
s,  
we  
ob

se  
rv  
e  
va  
ri  
ou  
s  
ho  
li  
da  
ys  
an  
d  
ti  
me  
s  
wi  
th  
fa  
mi  
ly  
me  
mb  
er  
s  
an  
d  
fr  
ie  
nd  
s.  
Wi  
th  
ou  
t  
fa  
il

,  
th  
e  
fo  
ur  
th  
Th  
ur  
sd  
ay  
of  
th  
is  
mo  
nt  
h  
ca  
ll  
s  
us  
to  
be  
th  
an  
kf  
ul  
.  
Of  
co  
ur  
se  
,  
we  
kn  
ow  
th  
at

gr  
at  
it  
ud  
e  
sh  
ou  
ld  
be  
pe  
rp  
et  
ua  
te  
d  
da  
il  
y  
fo  
r  
th  
e  
be  
li  
ev  
er  
's  
li  
fe  
.  
Ho  
we  
ve  
r,  
it  
is  
st

il  
l  
go  
od  
t  
o  
sl  
ow  
do  
wn  
in  
te  
nt  
io  
na  
ll  
y  
an  
d  
co  
ns  
id  
er  
al  
l  
th  
e  
re  
as  
on  
s  
fo  
r  
us  
to  
be  
pe

ople  
le  
of  
gr  
at  
it  
ud  
e.  
No  
ma  
tt  
er  
wh  
at  
,  
th  
er  
e  
is  
al  
wa  
ys  
so  
me  
th  
in  
g  
to  
be  
th  
an  
kf  
ul  
fo  
r.



What tops your Thanksgiving list? The usual list of a home, health, food, and friends are all important, but take the time to go beyond the surface and consider all the wonderful works God has done in your life and on your behalf. Reflect on the personal nature of God's intervention and how He has rescued you in your unique circumstances. This is a powerful example of His love and care for you. As a Christian, you are part of a group of rescued people. Take a look at how this should be lived in Psalm 30.

### **Psalm 30:1-5**

Anyone who has ever cared for a child will sometimes take that child by the hand in a parking lot, busy store, or uncertain surroundings. This added layer of security boils down to assurance of presence. David quickly recalls the strong, steady hand of the Heavenly Father that lifted him up in times of trials and hardship. For quite some time, David was on the run and feared for his life. We may not have someone seeking to take our lives, but we do have a real and viable enemy just the same. David reminds the reader that joy is coming in the morning. Grabbing the right hand is essential when you are plagued with doubt or fear. Only the hand of our Lord will be constant and never fail.

### **Psalm 30:6-10**

It is tempting to forget God's presence and promises when things are going well. David writes, "When I was secure, I will never be shaken." Life can change for any of us in a matter of seconds. If we place too much confidence in ourselves, we will experience a disappointing outcome. We each have seasons of pride, but it is in the times of Christ-like humility when we are closest to God. Humility teaches us lessons that victories seldom do. Even in our pride, God will rescue us from the trap of arrogance.

### **Psalm 30:11-12**

Our good God is worthy to be praised! He turned David's life around and will do the same for you and me. We have all seen videos of people rescued from burning buildings or storm damage and the following joy. We should be eager to express overflowing praise for the rescuing power of God. We often use the term "saved" in Christian circles, and we should. However, consider what we have been saved from. Death, punishment, and isolation are just a tiny sample of the eternal tragedies we can avoid thanks to Christ and His atonement. Save some room for praise with all the upcoming turkey, dressing, deviled eggs, and pie. Our Heavenly Father loves you very much. He saved you from the darkness into His beautiful light. Give Him thanks!

*McKay is pastor of New Liberty Baptist Church, Morton.*